

Section 3.3 Trigonometric substitutions.

expression	substitution	useful identity
$a^2 - x^2$	$x = a \sin(\theta)$	$\sin^2(\theta) + \cos^2(\theta) = 1$
$x^2 - a^2$	$x = a \sec(\theta)$	$\sec^2(\theta) - 1 = \tan^2(\theta)$
$a^2 + x^2$	$x = a \tan(\theta)$	$\tan^2(\theta) + 1 = \sec^2(\theta)$

example

$$\int \frac{x^3}{\sqrt{4-x^2}} dx = \int \frac{8 \sin^3(\theta)}{\sqrt{4-4\sin^2(\theta)}} 2\cos(\theta) d\theta = 16 \int \frac{\sin^3(\theta)}{2\sqrt{1-\sin^2(\theta)}} \cos(\theta) d\theta$$

$$x = 2\sin(\theta)$$

$$dx = 2\cos(\theta) d\theta$$

$$= 8 \int \frac{\sin^3(\theta)}{\sqrt{\cos^2(\theta)}} \cos(\theta) d\theta = 8 \int \frac{\sin^3(\theta)}{|\cos(\theta)|} \cos(\theta) d\theta =$$

↑
assume $\cos(\theta) \geq 0$
on the interval of integration.

$$= 8 \int \frac{\sin^3(\theta)}{\cos(\theta)} \cos(\theta) d\theta = 8 \int \sin^3(\theta) d\theta = 8 \int \sin^2(\theta) \sin(\theta) d\theta$$

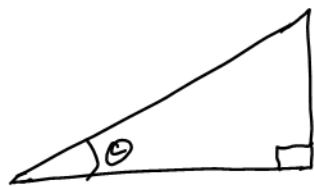
$$= 8 \int (1 - \cos^2(\theta)) \sin(\theta) d\theta = -8 \int (1 - u^2) du = \frac{8}{3} u^3 - 8u + C$$

let $u = \cos(\theta)$
 $du = -\sin(\theta) d\theta$

$$= \frac{8}{3} \cos^3(\theta) - 8 \cos(\theta) + C = \frac{8}{3} \left(\frac{\sqrt{4-x^2}}{2} \right)^3 - 8 \frac{\sqrt{4-x^2}}{2} + C$$

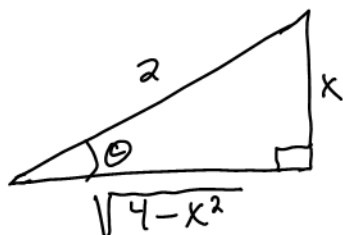
$$= \frac{1}{3} (4-x^2)^{\frac{3}{2}} - 4\sqrt{4-x^2} + C$$

original substitution



$$x = 2 \sin(\theta)$$

$$\frac{x}{2} = \sin(\theta)$$

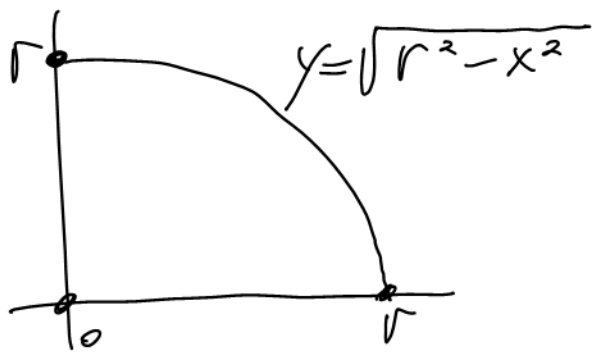


$$\cos(\theta) = \frac{\sqrt{4-x^2}}{2}$$

Example The area of a circle πr^2 .

The $\frac{1}{4}$ circle of radius r is the region

under the curve $y = \sqrt{r^2 - x^2}$ $0 \leq x \leq r$.



So Area of a circle = $4 \int_0^r \sqrt{r^2 - x^2} dx$

let $x = r \sin(\theta)$

$$dx = r \cos(\theta) d\theta$$

$$= \int_{x=0}^{x=r} \sqrt{r^2 - r^2 \sin^2(\theta)} r \cos(\theta) d\theta = \int_{\theta=0}^{\theta=\frac{\pi}{2}} r \sqrt{1 - \sin^2(\theta)} r \cos(\theta) d\theta$$

$$= 4r^2 \int_0^{\frac{\pi}{2}} \sqrt{\cos^2(\theta)} \cos(\theta) d\theta = 4r^2 \int_0^{\frac{\pi}{2}} |\cos(\theta)| \cos(\theta) d\theta =$$

\uparrow
 $\cos(\theta) \geq 0$
 for $0 \leq \theta \leq \frac{\pi}{2}$

$$= 4r^2 \int_0^{\frac{\pi}{2}} \cos^2(\theta) d\theta = 4r^2 \int_0^{\frac{\pi}{2}} \frac{1}{2} (1 + \cos(2\theta)) d\theta$$

$$= 2r^2 \int_0^{\frac{\pi}{2}} (1 + \cos(2\theta)) d\theta = 2r^2 \left(\theta + \frac{1}{2} \sin(2\theta) \right) \Bigg|_{\theta=0}^{\theta=\frac{\pi}{2}}$$

$$= 2r^2 \left(\frac{\pi}{2} + 0 - (0 + 0) \right) = \pi r^2$$

Example

$$\int \frac{1}{(1+x^2)^2} dx = \int \frac{1}{(1+\tan^2(\theta))^2} \sec^2(\theta) d\theta = \int \frac{1}{(\sec^2(\theta))^2} \sec^2(\theta) d\theta$$

$$\text{let } x = \tan(\theta)$$

$$dx = \sec^2(\theta) d\theta$$

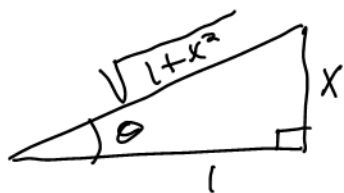
$$= \int \frac{1}{\sec^2(\theta)} d\theta = \int \cos^2(\theta) d\theta = \int \frac{1}{2}(1 + \cos(2\theta)) d\theta$$

$$= \frac{1}{2} \theta + \frac{1}{4} \sin(2\theta) + C = \frac{1}{2} \theta + \frac{1}{2} \sin(\theta) \cos(\theta) + C$$

original substitution

$$x = \tan(\theta)$$

$$\frac{x}{1} = \tan(\theta)$$



$$\sin(\theta) = \frac{x}{\sqrt{1+x^2}}$$

$$\cos(\theta) = \frac{1}{\sqrt{1+x^2}}$$

$$\theta = \text{Arctan}(x)$$

$$\boxed{= \frac{1}{2} \text{Arctan}(x) + \frac{1}{2} \frac{x}{1+x^2} + C}$$

